



**Polar Bear Classic**  
**Sunday February 4th, 2024**  
**9:00 AM warmup**  
**10:00 AM meet start**



**Meet director:** Paige Martin, [fordaquatics@gmail.com](mailto:fordaquatics@gmail.com)

**Sanctions:** Sanctioned by AZ LMSC for USMS Inc. Sanction number: 484-S004

**Eligibility:** Open to all registered Masters swimmers holding a valid 2024 USMS card. For further information on registration contact the AZLMSC Registrar, Katy James at [katyjameswims@gmail.com](mailto:katyjameswims@gmail.com).

**Rules:** 2024 USMS rules apply. Limit of five (5) individual events. Breaks as requested. Age for the meet is your age on February 4, 2024. You may enter the 1000 or the 1650 but not both.

**Entries and fees:** Online entries **only**. Entries must be **received by** January 29<sup>th</sup>, 2024. Flat rate fee of \$50.00 for a maximum of 5 events. Only enter events you plan to swim.

**Online Entry Link:** [https://www.clubassistant.com/club/meet\\_information.cfm?c=2094&smid=17939](https://www.clubassistant.com/club/meet_information.cfm?c=2094&smid=17939)

**Long distance events:** The 1000 and the 1650 events will be run slowest to fastest, ages and sexes combined. You may swim either the 1000 or the 1650 but not both. The 1000 will be limited to the first 20 entries and the 1650 will be limited to the first 10 entries. Positive check-in by 9:30AM is required for the 1000 and 1650 events.

**Deck entries:** No deck entries will be accepted

**Event seeding:** All events will be swum slowest entry times to fastest entry times.

**Facility:** University of Arizona Hillenbrand Aquatic Center located on Campbell Avenue between 6th Street and Speedway (1827 E. Enke Dr., Tucson, AZ 85721). Outdoor, 24 lane, 25 yard pool operated at 80° F with non-turbulent lane lines and electronic timing. We will run 8-10 lanes for competition and set aside another 8 lanes for warm-up during the meet. The length of the competition course is on file and in compliance with USMS in accordance with articles 105.1.7 and 107.2.1.

**Questions????? email the meet director: Paige Martin at [fordaquatics@gmail.com](mailto:fordaquatics@gmail.com)**

| Order | Event      |
|-------|------------|
| 1     | 1000 Free  |
| 2     | 1650 Free  |
| 3     | 200 Free   |
| 4     | 50 Fly     |
| 5     | 200 Back   |
| 6     | 100 Breast |

| Order | Event    |
|-------|----------|
| 7     | 100 Free |
| 8     | 200 IM   |
| 9     | 50 Back  |
| 10    | 200 Fly  |
| 11    | 100 IM   |
| 12    | 400 IM   |

| Order | Event                        |
|-------|------------------------------|
| 13    | 50 Breast                    |
| 14    | 100 Back                     |
| 15    | 500 Free                     |
| 16    | 100 Fly                      |
| 17    | 200 Breast                   |
| 18    | 50 Free                      |
| 19-24 | 200 Relays (Medley and Free) |

For 1000 & 1650: You may enter the 1000 OR the 1650, not both  
Positive check in by 9:30 AM is required for 1000 & 1650