

**Arizona Masters Swimming**  
**50 Meter Long Course State Individual State Records**  
**10/31/2020**

WOMEN			18-24	MEN		
Sanae Nawata	2008	28.07	50 FR	Austen Thompson	2013	23.93
Sarah Anderson	1994	1:00.82	100 FR	Marcus Schlesinger	2013	52.75
Brenna Dickson	2014	2:11.21	200 FR	Takeharu Fujimori	2018	1:55.86
Brenna Dickson	2014	4:37.82	400 FR	Michael Melley	1998	4:19.60
Shauna Nelson	2012	9:51.30	800 FR	Michael Melley	1998	9:02.10
Shauna Nelson	2012	18:45.31	1500 FR	Payne Montgomery	2014	17:24.37
Michelle Detka	2016	33.16	50 BK	Meguru Hotta	2019	26.65
Carolee Osborne	1996	1:12.20	100 BK	Meguru Hotta	2019	55.93
Shauna Nelson	2012	2:37.31	200 BK	Joe Zemaitis	2000	2:29.97
Breeja Larson	2010	32.78	50 BR	Dave Rollins	2005	28.87
Breeja Larson	2011	1:10.32	100 BR	Austen Thompson	2013	1:03.46
Breeja Larson	2011	2:36.85	200 BR	Benjamin Swanholm	2007	2:44.19
Michelle Detka	2016	29.46	50 FL	Meguru Hotta	2019	25.30
Haley Gordon	2016	1:04.30	100 FL	P. Abal	2000	55.57
Diane Ursin	1987	2:28.01	200 FL	Takeharu Fujimori	2018	2:05.13
Haley Gordon	2016	2:28.84	200 IM	Dave Rollins	2005	2:09.30
Diane Ursin	1987	5:20.39	400 IM	Michael Melley	1998	5:02.55

  

WOMEN			25-29	MEN		
Emi Moronuki	2018	26.50	50 FR	Kohei Kawamoto	2008	23.39
Caroline Killian	2006	58.65	100 FR	Tyler DeBerry	2012	52.68
Christine Jeffery	1998	2:11.48	200 FR	M. Kiedel	2000	1:53.76
Christine Jeffery	1998	4:36.04	400 FR	Jeffrey Utsch	1995	4:02.84
Marcie Herzog	2006	9:42.57	800 FR	Michael Melley	2001	9:17.37
Kelly Harrigan	2011	19:05.25	1500 FR	John B Sarikas	2019	17:21.40
Emi Moronuki	2018	28.39	50 BK	Jan Konarzewski	2014	27.42
Emi Moronuki	2018	1:01.60	100 BK	Jan Konarzewski	2014	59.25
Emi Moronuki	2018	2:13.19	200 BK	Jan Konarzewski	2014	2:12.97
Ann Grevers	2014	33.35	50 BR	Christopher Burkle	2013	28.29
Louise Martin	1998	1:17.38	100 BR	Christopher Burkle	2013	1:02.18
Louise Martin	1998	2:48.56	200 BR	Christopher Burkle	2013	2:11.78
Lindsey Urbatchka	2011	28.67	50 FL	Kohei Kawamoto	2008	23.71
Emily Milak	2011	1:03.63	100 FL	Kohei Kawamoto	2008	53.09
Ellen Baird	1998	2:46.58	200 FL	Allan Jaegers	1989	2:20.66
Emi Moronuki	2018	2:24.24	200 IM	Allan Jaegers	1989	2:17.19
Emily Milak	2011	5:12.94	400 IM	Allan Jaegers	1989	4:57.91

  

WOMEN			30-34	MEN		
Noriko Inada	2012	26.72	50 FR	Roland Schoeman	2013	22.13
Hannah Caldas	2012	58.85	100 FR	Matt Grevers	2017	49.18
Sandie Easton	2002	2:10.27	200 FR	Darian Townsend	2014	1:49.34
Sandie Easton	2002	4:39.52	400 FR	Darian Townsend	2016	3:58.12
Sandie Easton	2001	9:42.27	800 FR	Sean Justice	2010	8:54.23
Sandie Easton	2001	19:19.18	1500 FR	George Edelman	1997	18:10.80
Noriko Inada	2012	28.57	50 BK	Matt Grevers	2017	24.67
Noriko Inada	2011	1:01.78	100 BK	Matt Grevers	2017	52.71
Kelly Harrigan	2018	2:23.00	200 BK	Sam Perry	2001	2:13.19
Hannah Caldas	2012	34.19	50 BR	Marcus Titus	2016	27.73
Hannah Caldas	2012	1:16.35	100 BR	Marcus Titus	2016	1:00.19
Louise Martin	1999	2:48.75	200 BR	Jason Woo	1998	2:43.94
Noriko Inada	2012	27.61	50 FL	Roland Schoeman	2013	23.26
Sandie Easton	2002	1:05.44	100 FL	Darian Townsend	2014	53.36
Sandie Easton	2002	2:24.34	200 FL	Dennis Baker	1992	2:15.79
Sandie Easton	2002	2:31.52	200 IM	Darian Townsend	2014	2:01.33
Sandie Easton	2002	5:15.13	400 IM	Darian Townsend	2016	4:20.81

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Noriko Inada	2014	26.78	50 FR	Kohei Kawamoto	2018	23.61
Kelly Harrigan	2019	59.55	100 FR	Henry Clark	2003	53.84
Kelly Harrigan	2019	2:12.75	200 FR	Henry Clark	2003	1:58.95
Marcie Herzog	2012	4:48.77	400 FR	Sean Justice	2011	4:12.24
Marcie Herzog	2013	9:57.94	800 FR	Sean Justice	2011	8:41.53
Marcie Herzog	2012	19:05.82	1500 FR	Sean Justice	2011	16:38.48
Noriko Inada	2016	28.63	50 BK	Darian Townsend	2019	26.98
Noriko Inada	2017	1:01.75	100 BK	Jeff Commings	2012	59.65
Noriko Inada	2017	2:19.98	200 BK	R. Karnaugh	2001	2:07.16
Ashley Liotta	2014	36.46	50 BR	Jeff Commings	2009	28.53
Ashley Liotta	2014	1:20.20	100 BR	Jeff Commings	2013	1:03.76
Ashley Liotta	2014	2:53.94	200 BR	R. Karnaugh	2001	2:21.87
Noriko Inada	2014	27.46	50 FL	Kohei Kawamoto	2015	24.14
Kelly Harrigan	2019	1:06.11	100 FL	Kohei Kawamoto	2018	53.65
J. Gettling	1983	2:52.89	200 FL	Brent Creager	2014	2:04.76
Maureen Rankin	2008	2:37.27	200 IM	Darian Townsend	2019	2:05.65
L. Von Gluck	2006	5:32.35	400 IM	R. Karnaugh	2001	4:34.10

  

WOMEN		40-44		MEN		
Noriko Inada	2018	27.79	50 FR	Brandon J. Schindler	2017	24.81
Marika McCue	2005	1:04.88	100 FR	Henry Clark	2005	54.45
Laura Smith	2008	2:19.29	200 FR	Jeffry Utsch	2008	1:58.66
Laura Smith	2008	4:51.70	400 FR	Jeffry Utsch	2008	4:16.67
Laura Winslow	2001	10:26.92	800 FR	Sean Justice	2016	8:56.89
Anna DeLozier	2006	20:14.90	1500 FR	Jeffrey Utsch	2008	17:13.14
Noriko Inada	2018	29.62	50 BK	Scott Shake	2001	29.59
Noriko Inada	2018	1:04.70	100 BK	Jeff Commings	2014	59.81
Noriko Inada	2018	2:27.07	200 BK	Kurt Dickson	2008	2:16.04
Sheila Arredondo	2006	36.27	50 BR	Jeff Commings	2014	29.02
Sheila Arredondo	2006	1:20.70	100 BR	Jeff Commings	2014	1:05.28
Ran Ogata	2019	3:02.80	200 BR	Greg Dozer	2001	2:45.82
Noriko Inada	2018	28.87	50 FL	Jesse Melnick	2014	26.44
Diane L. Wygal-Springer	2009	1:09.62	100 FL	Henry Clark	2005	57.62
Janet Gettling	1991	3:01.10	200 FL	Patrick Brundage	2011	2:19.09
Marika McCue	2005	2:41.72	200 IM	Jeff Commings	2016	2:13.71
Laurel Hill	2012	5:36.16	400 IM	Patrick Brundage	2011	4:58.12

  

WOMEN		45-49		MEN		
M. Keever	2003	28.75	50 FR	Paul Smith	2008	24.93
M. Keever	2003	1:05.81	100 FR	Paul Smith	2008	54.15
Carolyn Duffield	2013	2:20.41	200 FR	Paul Smith	2008	2:00.58
Kathi Bullock	2001	5:05.92	400 FR	Kurt Dickson	2013	4:24.94
Kathi Bullock	2000	10:40.86	800 FR	Kurt Dickson	2013	9:12.91
Kathi Bullock	2001	20:14.16	1500 FR	Kurt Dickson	2014	17:32.11
Monica Bailey	2007	33.99	50 BK	Todd Dreitzler	2015	28.92
Brigid Bunch	2009	1:15.28	100 BK	Todd Dreitzler	2017	1:04.18
Brigid Bunch	2009	2:39.53	200 BK	Kurt Dickson	2013	2:17.37
Laurel Hill	2017	38.58	50 BR	Jeff Commings	2019	29.55
Laurel Hill	2017	1:23.98	100 BR	Jeff Commings	2019	1:05.29
Laurel Hill	2016	2:57.07	200 BR	Todd Dreitzler	2018	2:39.87
Stephanie Rollins	2001	32.70	50 FL	Paul Smith	2008	25.96
Laurel Hill	2017	1:15.08	100 FL	Paul Smith	2008	57.60
Kathi Bullock	2000	3:02.86	200 FL	Patrick Brundage	2012	2:21.44
Brigid Bunch	2009	2:45.19	200 IM	Al Jaegers	2008	2:21.75
Laura M Ruberto	2019	6:00.08	400 IM	Patrick Brundage	2012	4:58.10

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WOMEN			50-54	MEN		
J. Swagerty-Hill	2002	28.77	50 FR	Paul Smith	2009	25.21
Helen Kurtz	2014	1:06.05	100 FR	Paul Smith	2009	55.42
Kathy Gallagher	2014	2:26.62	200 FR	Jeffrey Utsch	2017	2:06.19
Anna DeLozier	2013	5:08.11	400 FR	Kurt Dickson	2017	4:26.33
Anna DeLozier	2013	10:38.58	800 FR	Kurt Dickson	2017	9:18.69
Anna DeLozier	2013	20:24.35	1500 FR	Kurt Dickson	2017	17:39.99
J. Swagerty-Hill	2002	32.87	50 BK	Scott Shake	2008	30.03
J. Swagerty-Hill	2002	1:14.44	100 BK	Scott Shake	2008	1:05.81
Brigid Bunch	2013	2:44.66	200 BK	Kurt Dickson	2017	2:19.35
Laurel Hill	2019	36.94	50 BR	Daniel Vargas	2014	34.44
Laurel Hill	2019	1:22.64	100 BR	Jeff Baird	2013	1:17.30
Laurel Hill	2019	3:02.17	200 BR	Mark G Biegel	2018	2:48.66
Liz Hobbs	2011	32.31	50 FL	Paul Smith	2009	26.56
Stephanie Rollins	2006	1:21.85	100 FL	Fred L Schuster	2018	1:02.61
Anna DeLozier	2014	3:14.26	200 FL	Fred L Schuster	2018	2:23.84
Laurel Hill	2019	2:41.06	200 IM	Erwin Kratz	2015	2:23.99
Anna DeLozier	2013	6:07.67	400 IM	Erwin Kratz	2015	5:09.20
WOMEN			55-59	MEN		
Christie Altman	2008	31.95	50 FR	Barry Roth	2009	25.98
Evie Lynch	2008	1:12.53	100 FR	Fred L Schuster	2019	58.25
Evie Lynch	2008	2:32.12	200 FR	Fred L Schuster	2019	2:07.42
Stephanie Martin	2014	5:20.46	400 FR	Scott Shake	2013	4:41.45
Kathi Lindstrom	2008	10:57.82	800 FR	Scott Shake	2013	9:38.61
Anna DeLozier	2019	21:01.75	1500 FR	Scott Shake	2013	18:27.25
Brigid Bunch	2018	36.30	50 BK	Glenn Patching	2015	30.06
Evie Lynch	2008	1:18.93	100 BK	Scott Shake	2013	1:07.91
Brigid Bunch	2018	2:47.93	200 BK	Scott Shake	2013	2:27.99
Mikey Girard	2009	42.74	50 BR	Barry Roth	2009	34.39
Susan Dawson-Cook	2019	1:33.74	100 BR	Daniel Vargas	2015	1:17.94
Brigid Bunch	2018	3:24.81	200 BR	Daniel Vargas	2015	2:58.84
Evie Lynch	2008	35.08	50 FL	Fred L Schuster	2019	28.24
Jane Esahak-Gage	2019	1:25.55	100 FL	Fred L Schuster	2019	1:03.25
Jane Esahak-Gage	2019	3:11.89	200 FL	Fred L Schuster	2019	2:26.70
Brigid Bunch	2018	2:58.30	200 IM	Scott Shake	2014	2:32.19
Jane Esahak-Gage	2020	6:21.47	400 IM	Scott Shake	2013	5:27.66
WOMEN			60-64	MEN		
Margaret Toppel	2016	32.79	50 FR	Barry Roth	2014	27.55
Christie Altman	2010	1:14.98	100 FR	Barry Roth	2014	1:01.25
Jonelle Schmidt	2013	2:44.75	200 FR	Barry Roth	2014	2:21.61
Joanne Menard	2008	6:03.37	400 FR	Barry Roth	2014	5:03.89
Christie Altman	2010	12:28.75	800 FR	Scott Shake	2018	10:14.23
Joanne Menard	2008	24:25.47	1500 FR	Mark Modjeska	2014	20:13.81
Katy James	2015	40.33	50 BK	Scott Shake	2018	32.96
Katy James	2015	1:32.66	100 BK	Scott Shake	2018	1:12.27
Nancy MacBeth	1989	3:23.93	200 BK	Scott Shake	2018	2:34.51
Mikey Girard	2014	42.30	50 BR	Tom Winters	1999	35.61
Mikey Girard	2014	1:39.93	100 BR	Kim Bernard	2006	1:22.28
Lisa Bogatko	1990	3:53.75	200 BR	Dave Gemmill	2007	3:05.17
Margaret Toppel	2016	37.46	50 FL	Gordon Taylor	2011	32.18
Christie Altman	2010	1:32.36	100 FL	Mark Modjeska	2016	1:13.00
Sally Bolar	1999	3:44.44	200 FL	Hunter Yost	2011	2:51.17
Linda A Buchanan	2018	3:12.36	200 IM	Scott Shake	2018	2:39.22
Nancy MacBeth	1989	7:46.34	400 IM	Scott Shake	2019	5:52.01

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WOMEN		65-69		MEN		
Christie Altman	2014	33.60	50 FR	Ron Johnson	1998	28.04
Sally Bolar	2005	1:17.55	100 FR	Barry Roth	2019	1:03.80
Joanne Menard	2013	2:55.88	200 FR	Mark Modjeska	2018	2:32.12
Joanne Menard	2013	6:08.62	400 FR	Mark Modjeska	2018	5:15.31
Joanne Menard	2013	12:40.74	800 FR	Mark Modjeska	2019	10:53.17
Joanne Menard	2013	24:34.21	1500 FR	Mark Modjeska	2019	20:35.33
Christie Altman	2014	45.58	50 BK	Ron Johnson	1998	35.36
Nancy MacBeth	1995	1:42.92	100 BK	Joe Reid	2014	1:20.14
N. MacBeth	1994	3:38.95	200 BK	Joe Reid	2014	2:51.87
Carole Taylor	1997	47.79	50 BR	Ron Johnson	1998	36.75
Carole Taylor	1997	1:51.11	100 BR	Ron Johnson	1998	1:25.46
Carole Taylor	1995	4:13.32	200 BR	Ron Johnson	1998	3:10.23
Joanne Menard	2015	38.93	50 FL	Ron Johnson	1998	30.81
Sally Bolar	2004	1:35.57	100 FL	Ron Johnson	1998	1:16.85
Sally Bolar	2004	3:47.12	200 FL	Mark Modjeska	2018	2:47.48
Christie Altman	2015	3:34.40	200 IM	Ron Johnson	1998	2:50.18
N. MacBeth	1994	7:50.73	400 IM	Doug Springer	2014	6:31.38

  

WOMEN		70-74		MEN		
Christie Altman	2019	35.56	50 FR	Ron Johnson	2001	28.66
Joanne Menard	2019	1:23.36	100 FR	Ron Johnson	2001	1:06.18
Joanne Menard	2019	3:07.73	200 FR	Art Stark	2017	2:43.61
Sally Bolar	2009	7:17.33	400 FR	Art Stark	2017	6:00.51
Joanne Menard	2018	13:24.91	800 FR	Art Stark	2017	12:11.67
Joanne Menard	2019	25:59.47	1500 FR	Art Stark	2017	23:04.42
Bonnie Pronk	2012	44.86	50 BK	Hugh Wilder	2017	33.58
Bonnie Pronk	2012	1:38.61	100 BK	Hugh Wilder	2017	1:13.49
Bonnie Pronk	2012	3:30.08	200 BK	Hugh Wilder	2017	2:54.93
Bonnie Pronk	2012	47.78	50 BR	Doug Springer	2016	37.74
Bonnie Pronk	2012	1:50.87	100 BR	Doug Springer	2016	1:26.59
Carol Taylor	1999	4:15.11	200 BR	Doug Springer	2016	3:09.23
Joanne Menard	2019	41.20	50 FL	Ron Johnson	2001	32.11
Sally Bolar	2009	1:47.67	100 FL	Ron Johnson	2001	1:21.64
N. MacBeth	1999	3:45.55	200 FL	Ron Johnson	2001	3:20.84
Nancy MacBeth	1999	3:40.24	200 IM	Ron Johnson	2001	2:59.90
Nancy MacBeth	1999	7:53.70	400 IM	Doug Springer	2016	6:24.55

  

WOMEN		75-79		MEN		
Gail Roper	2005	36.87	50 FR	John Daru	1998	33.14
Gail Roper	2005	1:26.36	100 FR	Dale Webster	2004	1:19.65
Gail Roper	2005	3:13.24	200 FR	Al Worth	2012	3:17.45
Gail Roper	2005	7:11.47	400 FR	Thomas Taylor	2006	6:24.16
Gail Roper	2005	14:22.39	800 FR	Gordon Gillin	2007	17:00.50
Gail Roper	2005	28:24.77	1500 FR	Lou Silverstein	2001	34:12.89
Nancy Kinney	2004	49.69	50 BK	Dale Webster	2002	41.37
Nancy Kinney	2004	1:48.94	100 BK	Dale Webster	2002	1:36.29
Nancy Kinney	2004	3:51.75	200 BK	Harry Liber	1994	3:36.86
Kristin Jaffee	2013	51.92	50 BR	Max von Isser	1997	45.30
Gail Roper	2005	1:55.37	100 BR	Max von Isser	1997	1:43.16
Kristin Jaffee	2013	4:35.79	200 BR	Ted Haartz	2006	4:02.29
Gail Roper	2004	44.95	50 FL	Max von Isser	1997	41.21
Gail Roper	2004	1:54.14	100 FL	Gordon Gillin	2006	1:56.86
Gail Roper	2004	4:17.87	200 FL	Gordon Gillin	2006	4:37.13
Nancy Kinney	2004	4:03.80	200 IM	Gordon Gillin	2005	3:52.14
Gail Roper	2005	8:17.70	400 IM	Gordon Gillin	2006	8:41.49

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WOMEN			80-84	MEN		
Gail Roper	2009	38.64	50 FR	Ted Haartz	2008	42.17
Gail Roper	2009	1:27.55	100 FR	J. Mattingly	1995	1:39.11
Gail Roper	2009	3:32.12	200 FR	Jaring Timmerman	1989	3:51.33
Edie Gruender	2008	8:40.24	400 FR	Lou Silverstein	2006	8:52.48
Gail Roper	2009	15:32.50	800 FR	Lou Silverstein	2006	18:16.37
Edie Gruender	2008	33:06.70	1500 FR	Lou Silverstein	2008	37:10.26
Nancy Kinney	2009	52.91	50 BK	Bob Miller	2010	48.03
Nancy Kinney	2009	1:56.12	100 BK	Bob Miller	2010	1:44.66
Nancy Kinney	2009	4:09.14	200 BK	Bob Miller	2010	3:44.19
Carol Taylor	2009	1:00.22	50 BR	Max von Isser	1999	46.37
Carol Taylor	2009	2:18.22	100 BR	Max von Isser	1999	1:45.99
Carol Taylor	2009	5:13.31	200 BR	Ted Haartz	2008	4:14.01
Gail Roper	2009	47.37	50 FL	Max von Isser	1999	43.54
Edie Gruender	2008	2:38.14	100 FL	Jack Mattingly	1995	2:22.52
Edie Gruender	2008	5:51.81	200 FL	Lou Silverstein	2007	7:15.64
Nancy Kinney	2009	4:24.08	200 IM	Jack Mattingly	1994	4:38.15
Edie Gruender	2008	10:33.43	400 IM	Gordon Gillin	2010	10:52.75
WOMEN			85-89	MEN		
Vel H Perry	2019	50.07	50 FR	Glenn A Tewksbury	2019	48.34
Vel H Perry	2019	2:02.71	100 FR	Glenn A Tewksbury	2019	1:45.95
Gloria Tolaro	2015	5:15.10	200 FR	Glenn A Tewksbury	2019	4:00:15
			400 FR	Glenn A Tewksbury	2019	8:37.59
			800 FR	Glenn A Tewksbury	2019	17:20.78
Eulah M Varty	2019	36:59.83	1500 FR	Donald Baker	2016	40:35.14
Nancy Kinney	2015	58.27	50 BK	Harry Liber	2004	1:03.28
Nancy Kinney	2015	2:09.37	100 BK	Glenn A Tewksbury	2019	2:20.18
Nancy Kinney	2015	4:43.85	200 BK	Glenn A Tewksbury	2019	5:13.49
Gloria Tolaro	2015	1:15.75	50 BR	Max von Isser	2007	54.20
Gloria Tolaro	2015	2:48.75	100 BR	Ted Haartz	2013	2:15.15
			200 BR	Ted Haartz	2013	5:07.64
Ruth Manfredi	2008	1:55.20	50 FL	Max von Isser	2006	50.64
			100 FL			
			200 FL			
			200 IM			
			400 IM			
WOMEN			90-94	MEN		
			50 FR			
			100 FR			
			200 FR			
			400 FR			
			800 FR			
			1500 FR			
			50 BK	Lee Starr	1999	1:18.93
			100 BK			
			200 BK			
			50 BR			
			100 BR			
			200 BR			
			50 FL			
			100 FL			
			200 FL			
			200 IM			
			400 IM			