

Arizona Masters Swimming
50 Meter Long Course State Individual State Records
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18-24

WOMEN				MEN		
Sanae Nawata	2008	28.07	50 FR	Austen Thompson	2013	23.93
Sarah Anderson	1994	1:00.82	100 FR	Marcus Schlesigner	2013	52.75
Brenna Dickson	2014	2:11.21	200 FR	Michael Melley	1998	2:00.46
Brenna Dickson	2014	4:37.82	400 FR	Michael Melley	1998	4:19.60
Shauna Nelson	2012	9:51.30	800 FR	Michael Melley	1998	9:02.10
Shauna Nelson	2012	18:45.31	1500 FR	Payne Montgomery	2014	17:24.37
Marcie Herzog	2001	33.45	50 BK	Dave Rollins	2005	26.91
Carolee Osborne	1996	1:12.20	100 BK	Marcus Schlesigner	2013	1:00.79
Shauna Nelson	2012	2:37.31	200 BK	Joe Zemaitis	2000	2:29.97
Breeja Larson	2010	32.78	50 BR	Dave Rollins	2005	28.87
Breeja Larson	2011	1:10.32	100 BR	Austen Thompson	2013	1:03.46
Breeja Larson	2011	2:36.85	200 BR	Benjamin Swanholm	2007	2:44.19
Kelly Busche	2007	31.07	50 FL	Marcus Schlesigner	2013	25.41
Brenna Dickson	2014	1:08.05	100 FL	P. Abal	2000	55.57
Diane Ursin	1987	2:28.01	200 FL	Dominic Goshert	2013	2:24.17
Diane Ursin	1987	2:34.52	200 IM	Dave Rollins	2005	2:09.30
Diane Ursin	1987	5:20.39	400 IM	Michael Melley	1998	5:02.55

25-29

WOMEN				MEN		
Florencia Szigeti	2008	26.94	50 FR	Kohei Kawamoto	2008	23.39
Caroline Killian	2006	58.65	100 FR	Tyler DeBerry	2012	52.68
Christine Jeffery	1998	2:11.48	200 FR	M. Kiedel	2000	1:53.76
Christine Jeffery	1998	4:36.04	400 FR	J. Utsch	1995	4:02.84
Marcie Herzog	2006	9:42.57	800 FR	Michael Melley	2001	9:17.37
Kelly Harrigan	2011	19:05.25	1500 FR	Allan Jaegers	1990	18:38.73
Kelly Harrigan	2013	31.79	50 BK	Jan Konarzewski	2014	27.42
Kelly Harrigan	2011	1:06.44	100 BK	Jan Konarzewski	2014	59.25
Kelly Harrigan	2013	2:26.75	200 BK	Jan Konarzewski	2014	2:12.97
Ann Grevers	2014	33.35	50 BR	Christopher Burkle	2013	28.29
Louise Martin	1998	1:17.38	100 BR	Christopher Burkle	2013	1:02.18
Louise Martin	1998	2:48.56	200 BR	Christopher Burkle	2013	2:11.78
Lindsey Urbatchka	2011	28.67	50 FL	Kohei Kawamoto	2008	23.71
Emily Milak	2011	1:03.63	100 FL	Kohei Kawamoto	2008	53.09
Ellen Baird	1998	2:46.58	200 FL	Allan Jaegers	1989	2:20.66
Emily Milak	2011	2:30.48	200 IM	Allan Jaegers	1989	2:17.19
Emily Milak	2011	5:12.94	400 IM	Allan Jaegers	1989	4:57.91

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WOMEN				MEN		
Noriko Inada	2012	26.72	50 FR	Roland Schoeman	2013	22.13
Hannah Caldas	2012	58.85	100 FR	Roland Schoeman	2014	49.39
Sandie Easton	2002	2:10.27	200 FR	Darian Townsend	2014	1:49.34
Sandie Easton	2002	4:39.52	400 FR	Sean Justice	2010	4:19.58
Sandie Easton	2001	9:42.27	800 FR	Sean Justice	2010	8:54.23
Sandie Easton	2001	19:19.18	1500 FR	George Edelman	1997	18:10.80
Noriko Inada	2012	28.57	50 BK	Darian Townsend	2014	25.98
Noriko Inada	2011	1:01.78	100 BK	Darian Townsend	2014	55.93
Sandie Easton	2002	2:28.77	200 BK	Sam Perry	2001	2:13.19
Hannah Caldas	2012	34.19	50 BR	Jeff Commings	2008	29.44
Hannah Caldas	2012	1:16.35	100 BR	Jeff Commings	2008	1:06.16
Louise Martin	1999	2:48.75	200 BR	Jason Woo	1998	2:43.94
Noriko Inada	2012	27.61	50 FL	Roland Schoeman	2013	23.26
Sandie Easton	2002	1:05.44	100 FL	Darian Townsend	2014	53.36
Sandie Easton	2002	2:24.34	200 FL	Dennis Baker	1992	2:15.79
Sandie Easton	2002	2:31.52	200 IM	Darian Townsend	2014	2:01.33
Sandie Easton	2002	5:15.13	400 IM	Toby Weissert	1988	4:50.95

35-39

WOMEN				MEN		
Noriko Inada	2014	26.78	50 FR	Thomas Hickcox	1989	24.79
Marcie Herzog	2012	1:02.99	100 FR	Henry Clark	2003	53.84
Leissa Mills	1998	2:17.27	200 FR	Henry Clark	2003	1:58.95
Marcie Herzog	2012	4:48.77	400 FR	Sean Justice	2011	4:12.24
Marcie Herzog	2013	9:57.94	800 FR	Sean Justice	2011	8:41.53
Marcie Herzog	2012	19:05.82	1500 FR	Sean Justice	2011	16:38.48
Noriko Inada	2014	28.85	50 BK	Jeff Commings	2013	28.23
Noriko Inada	2014	1:02.69	100 BK	Jeff Commings	2012	59.65
Beth Isaak	2007	2:38.55	200 BK	R. Karnaugh	2001	2:07.16
Ashley Liotta	2014	36.46	50 BR	Jeff Commings	2009	28.53
Ashley Liotta	2014	1:20.20	100 BR	Jeff Commings	2013	1:03.76
Ashley Liotta	2014	2:53.94	200 BR	R. Karnaugh	2001	2:21.87
Noriko Inada	2014	27.46	50 FL	Henry Clark	2003	26.32
Monika Dalkin	1994	1:11.35	100 FL	Brent Creager	2014	56.12
J. Gettling	1983	2:52.89	200 FL	Brent Creager	2014	2:06.85
Maureen Rankin	2008	2:37.27	200 IM	R. Karnaugh	2002	2:08.19
L. Von Gluck	2006	5:32.35	400 IM	R. Karnaugh	2001	4:34.10

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WOMEN				MEN		
Laura Smith	2010	29.26	50 FR	Jesse Melnick	2014	25.07
Marika McCue	2005	1:04.88	100 FR	Henry Clark	2005	54.45
Laura Smith	2008	2:19.29	200 FR	Jeffry Utsch	2008	1:58.66
Laura Smith	2008	4:51.70	400 FR	Jeffry Utsch	2008	4:16.67
Laura Winslow	2001	10:26.92	800 FR	Geoff Glaser	2006	9:03.05
Anna DeLozier	2006	20:14.90	1500 FR	Jeffry Utsch	2008	17:13.14
Marika McCue	2005	33.57	50 BK	Scott Shake	2001	29.59
Marika McCue	2005	1:13.34	100 BK	Jeff Commings	2014	59.81
Laura Smith	2008	2:31.34	200 BK	Kurt Dickson	2008	2:16.04
Sheila Arredondo	2006	36.27	50 BR	Jeff Commings	2014	29.02
Sheila Arredondo	2006	1:20.70	100 BR	Jeff Commings	2014	1:05.28
Laurel Hill	2011	3:04.45	200 BR	Greg Dozer	2001	2:45.82
Heather Fazio	2013	31.60	50 FL	Jesse Melnick	2014	26.44
Diane L. Wygal-Springer	2009	1:09.62	100 FL	Henry Clark	2005	57.62
Janet Gettling	1991	3:01.10	200 FL	Patrick Brundage	2011	2:19.09
Marika McCue	2005	2:41.72	200 IM	Jeff Commings	2014	2:14.29
Laurel Hill	2012	5:36.16	400 IM	Patrick Brundage	2011	4:58.12

45-49

WOMEN				MEN		
M. Keever	2003	28.75	50 FR	Paul Smith	2008	24.93
M. Keever	2003	1:05.81	100 FR	Paul Smith	2008	54.15
Carolyn Duffield	2013	2:20.41	200 FR	Paul Smith	2008	2:00.58
Kathi Bullock	2001	5:05.92	400 FR	Kurt Dickson	2013	4:24.94
Kathi Bullock	2000	10:40.86	800 FR	Kurt Dickson	2013	9:12.91
Kathi Bullock	2001	20:14.16	1500 FR	Kurt Dickson	2014	17:32.11
Monica Bailey	2007	33.99	50 BK	Al Jaegers	2008	29.16
Brigid Bunch	2009	1:15.28	100 BK	Scott Shake	2005	1:04.85
Brigid Bunch	2009	2:39.53	200 BK	Kurt Dickson	2013	2:17.37
Susan Dawson-Cook	2009	38.74	50 BR	Al Jaegers	2008	32.54
Susan Dawson-Cook	2008	1:25.56	100 BR	Al Jaegers	2008	1:14.15
Susan Dawson-Cook	2008	3:10.80	200 BR	Al Jaegers	2008	2:42.54
Stephanie Rollins	2001	32.70	50 FL	Paul Smith	2008	25.96
Jonelle Schmidt	1999	1:20.79	100 FL	Paul Smith	2008	57.60
Kathi Bullock	2000	3:02.86	200 FL	Patrick Brundage	2012	2:21.44
Brigid Bunch	2009	2:45.19	200 IM	Al Jaegers	2008	2:21.75
Brigid Bunch	2009	6:02.87	400 IM	Patrick Brundage	2012	4:58.10

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WOMEN				MEN		
J. Swagerty-Hill	2002	28.77	50 FR	Paul Smith	2009	25.21
Helen Kurtz	2014	1:06.05	100 FR	Paul Smith	2009	55.42
Kathy Gallagher	2014	2:26.62	200 FR	Paul Hafner	2013	2:11.38
Anna DeLozier	2013	5:08.11	400 FR	Scott Shake	2009	4:34.65
Anna DeLozier	2013	10:38.58	800 FR	Terry Richardson	2013	10:09.35
Anna DeLozier	2013	20:24.35	1500 FR	Scott Shake	2011	18:18.09
J. Swagerty-Hill	2002	32.87	50 BK	Scott Shake	2008	30.03
J. Swagerty-Hill	2002	1:14.44	100 BK	Scott Shake	2008	1:05.81
Brigid Bunch	2013	2:44.66	200 BK	Scott Shake	2009	2:22.26
Susan Dawson-Cook	2013	38.72	50 BR	Daniel Vargas	2014	34.44
Susan Dawson-Cook	2013	1:26.66	100 BR	Jeff Baird	2013	1:17.30
Susan Dawson-Cook	2013	3:12.92	200 BR	David Evans	2013	2:49.73
Liz Hobbs	2011	32.31	50 FL	Paul Smith	2009	26.56
Stephanie Rollins	2006	1:21.85	100 FL	Paul Hafner	2012	1:05.20
Anna DeLozier	2014	3:14.26	200 FL	Paul Hafner	2012	2:28.54
Kathy Gallagher	2014	2:46.30	200 IM	Scott Shake	2008	2:26.11
Anna DeLozier	2013	6:07.67	400 IM	Scott Shake	2008	5:11.38

55-59

WOMEN				MEN		
Christie Altman	2008	31.95	50 FR	Barry Roth	2009	25.98
Evie Lynch	2008	1:12.53	100 FR	Barry Roth	2009	58.61
Evie Lynch	2008	2:32.12	200 FR	Scott Shake	2014	2:13.37
Stephanie Martin	2014	5:20.46	400 FR	Scott Shake	2013	4:41.45
Kathi Lindstrom	2008	10:57.82	800 FR	Barry Roth	2013	9:38.61
Joanne Menard	2005	23:45.90	1500 FR	Scott Shake	2013	18:27.25
Evie Lynch	2008	36.51	50 BK	Scott Shake	2013	31.34
Evie Lynch	2008	1:18.93	100 BK	Scott Shake	2013	1:07.91
Evie Lynch	2008	2:47.98	200 BK	Scott Shake	2013	2:27.99
Mikey Girard	2009	42.74	50 BR	Barry Roth	2009	34.39
Mikey Girard	2008	1:39.59	100 BR	Barry Roth	2009	1:18.59
L. Bogatko	1989	3:34.55	200 BR	Daniel Vargas	2015	2:58.84
Evie Lynch	2008	35.08	50 FL	Ted Hammond	2008	29.72
Stephanie Martin	2014	1:30.10	100 FL	Jeffrey Krongaard	2009	1:05.93
Edie Gruender	1984	3:45.80	200 FL	Robert DiTolla	2009	2:39.71
Jonelle Schmidt	2006	3:11.70	200 IM	Scott Shake	2014	2:32.64
Carol Hemauer	2014	6:11.21	400 IM	Scott Shake	2013	5:27.66

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WOMEN				MEN		
Christie Altman	2010	32.89	50 FR	Barry Roth	2014	27.55
Christie Altman	2010	1:14.98	100 FR	Barry Roth	2014	1:01.25
Jonelle Schmidt	2013	2:46.95	200 FR	James Coleman	2009	2:06.72
Joanne Menard	2008	6:03.37	400 FR	Barry Roth	2014	5:03.89
Christie Altman	2010	12:28.75	800 FR	Mark Modjeska	2014	10:42.44
Joanne Menard	2008	24:25.47	1500 FR	Mark Modjeska	2014	20:13.81
Christie Altman	2009	41.93	50 BK	Gordon Taylor	2011	34.36
Nancy MacBeth	1989	1:36.55	100 BK	Gordon Taylor	2011	1:15.44
Nancy MacBeth	1989	3:23.93	200 BK	Gregory Gush	2008	2:54.40
Mikey Girard	2014	42.30	50 BR	Tom Winters	1999	35.61
Mikey Girard	2014	1:39.93	100 BR	Kim Bernard	2006	1:22.28
Lisa Bogatko	1990	3:53.75	200 BR	Dave Gemmill	2007	3:05.17
Christie Altman	2009	38.04	50 FL	Gordon Taylor	2011	32.18
Christie Altman	2010	1:32.36	100 FL	Jeffrey Krongaard	2014	1:14.07
Sally Bolar	1999	3:44.44	200 FL	Hunter Yost	2011	2:51.17
Jonelle Schmidt	2013	3:25.48	200 IM	Hunter Yost	2011	2:48.26
Nancy MacBeth	1989	7:46.34	400 IM	Hunter Yost	2011	6:04.13

65-69

WOMEN				MEN		
Christie Altman	2014	33.60	50 FR	Ron Johnson	1998	28.04
Sally Bolar	2005	1:17.55	100 FR	Ron Johnson	1999	1:05.09
Joanne Menard	2013	2:55.88	200 FR	Art Stark	2012	2:32.70
Joanne Menard	2013	6:08.62	400 FR	Art Stark	2014	5:34.21
Joanne Menard	2013	12:40.74	800 FR	Art Stark	2012	11:45.51
Joanne Menard	2013	24:34.21	1500 FR	Art Stark	2014	22:29.61
Christie Altman	2014	45.58	50 BK	Ron Johnson	1998	35.36
Nancy MacBeth	1995	1:42.92	100 BK	Joe Reid	2014	1:20.14
N. MacBeth	1994	3:38.95	200 BK	Joe Reid	2014	2:51.87
Carole Taylor	1997	47.79	50 BR	Ron Johnson	1998	36.75
Carole Taylor	1997	1:51.11	100 BR	Ron Johnson	1998	1:25.46
Carole Taylor	1995	4:13.32	200 BR	Ron Johnson	1998	3:10.23
Christie Altman	2015	39.80	50 FL	Ron Johnson	1998	30.81
Sally Bolar	2004	1:35.57	100 FL	Ron Johnson	1998	1:16.85
Sally Bolar	2004	3:47.12	200 FL	Doug Springer	2014	3:08.13
Christie Altman	2015	3:34.40	200 IM	Ron Johnson	1998	2:50.18
N. MacBeth	1994	7:50.73	400 IM	Doug Springer	2014	6:31.38

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WOMEN				MEN		
Gail Roper	2003	36.95	50 FR	Ron Johnson	2001	28.66
Sally Bolar	2009	1:27.98	100 FR	Ron Johnson	2001	1:06.18
Gynt Clifford	2011	3:18.73	200 FR	Gordon Gillin	2000	3:04.83
Sally Bolar	2009	7:17.33	400 FR	John Jorgensen	1996	6:47.91
Eddie Gruender	1998	15:26.74	800 FR	Lou Silverstein	1997	13:47.57
Eddie Gruender	2002	29:27.39	1500 FR	Bob Miller	2001	25:03.90
Bonnie Pronk	2012	44.86	50 BK	Ron Johnson	2001	37.21
Bonnie Pronk	2012	1:38.61	100 BK	Dale Webster	2000	1:33.41
Bonnie Pronk	2012	3:30.08	200 BK	Bob Miller	2001	3:13.15
Bonnie Pronk	2012	47.78	50 BR	Kimball Bernard	2014	38.72
Bonnie Pronk	2012	1:50.87	100 BR	Kimball Bernard	2014	1:31.03
Carol Taylor	1999	4:15.11	200 BR	Ron Johnson	2002	3:25.09
Sally Bolar	2009	43.53	50 FL	Ron Johnson	2001	32.11
Sally Bolar	2009	1:47.67	100 FL	Ron Johnson	2001	1:21.64
N. MacBeth	1999	3:45.55	200 FL	Ron Johnson	2001	3:20.84
Nancy MacBeth	1999	3:40.24	200 IM	Ron Johnson	2001	2:59.90
Nancy MacBeth	1999	7:53.70	400 IM	Gordon Gillin	2001	7:48.36

75-79

WOMEN				MEN		
Gail Roper	2005	36.87	50 FR	John Daru	1998	33.14
Gail Roper	2005	1:26.36	100 FR	Dale Webster	2004	1:19.65
Gail Roper	2005	3:13.24	200 FR	Al Worth	2012	3:17.45
Gail Roper	2005	7:11.47	400 FR	Thomas Taylor	2006	6:24.16
Gail Roper	2005	14:22.39	800 FR	Gordon Gillin	2007	17:00.50
Gail Roper	2005	28:24.77	1500 FR	Lou Silverstein	2001	34:12.89
Nancy Kinney	2004	49.69	50 BK	Dale Webster	2002	41.37
Nancy Kinney	2004	1:48.94	100 BK	Dale Webster	2002	1:36.29
Nancy Kinney	2004	3:51.75	200 BK	Harry Liber	1994	3:36.86
Kristin Jaffee	2013	51.92	50 BR	Max von Isser	1997	45.30
Gail Roper	2005	1:55.37	100 BR	Max von Isser	1997	1:43.16
Kristin Jaffee	2013	4:35.79	200 BR	Ted Haartz	2006	4:02.29
Gail Roper	2004	44.95	50 FL	Max von Isser	1997	41.21
Gail Roper	2004	1:54.14	100 FL	Gordon Gillin	2006	1:56.86
Gail Roper	2004	4:17.87	200 FL	Gordon Gillin	2006	4:37.13
Nancy Kinney	2004	4:03.80	200 IM	Gordon Gillin	2005	3:52.14
Gail Roper	2005	8:17.70	400 IM	Gordon Gillin	2006	8:41.49

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WOMEN				MEN		
Gail Roper	2009	38.64	50 FR	Ted Haartz	2008	42.17
Gail Roper	2009	1:27.55	100 FR	J. Mattingly	1995	1:39.11
Gail Roper	2009	3:32.12	200 FR	Jaring Timmerman	1989	3:51.33
Eddie Gruender	2008	8:40.24	400 FR	Lou Silverstein	2006	8:52.48
Gail Roper	2009	15:32.50	800 FR	Lou Silverstein	2006	18.16.37
Eddie Gruender	2008	33:06.70	1500 FR	Lou Silverstein	2008	37:10.26
Nancy Kinney	2009	52.91	50 BK	Bob Miller	2010	48.03
Nancy Kinney	2009	1:56.12	100 BK	Bob Miller	2010	1:44.66
Nancy Kinney	2009	4:09.14	200 BK	Bob Miller	2010	3:44.19
Carol Taylor	2009	1:00.22	50 BR	Max von Isser	1999	46.37
Carol Taylor	2009	2:18.22	100 BR	Max von Isser	1999	1:45.99
Carol Taylor	2009	5:13.31	200 BR	Ted Haartz	2008	4:14.01
Gail Roper	2009	47.37	50 FL	Max von Isser	1999	43.54
Eddie Gruender	2008	2:38.14	100 FL	Jack Mattingly	1995	2:22.52
Eddie Gruender	2008	5:51.81	200 FL	Lou Silverstein	2007	7:15.64
Nancy Kinney	2009	4:24.08	200 IM	Jack Mattingly	1994	4:38.15
Eddie Gruender	2008	10:33.43	400 IM	Gordon Gillin	2010	10:52.75

85-89

WOMEN				MEN		
Ruth Manfredi	2008	1:08.96	50 FR	Lee Starr	1994	55.73
Iris Dozer	2012	3:33.89	100 FR	J. Greenwood	1995	3:25.69
			200 FR			
			400 FR			
			800 FR			
			1500 FR			
Maude Meyers	2014	1:19.36	50 BK	Harry Liber	2004	1:03.28
Maude Meyers	2013	3:12.07	100 BK	Lee Starr	1995	2:23.91
			200 BK	Lee Starr	1995	5:21.47
Maude Meyers	2014	46.25	50 BR	Max von Isser	2007	54.20
Iris Dozer	2012	5:47.46	100 BR	Ted Haartz	2013	2:15.15
			200 BR	Ted Haartz	2013	5:07.64
Ruth Manfredi	2008	1:55.20	50 FL	Max von Isser	2006	50.64
			100 FL			
			200 FL			
			200 IM			
			400 IM			

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WOMEN

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MEN

50 FR
100 FR
200 FR
400 FR
800 FR
1500 FR
50 BK
100 BK
200 BK
50 BR
100 BR
200 BR
50 FL
100 FL
200 FL
200 IM
400 IM

Lee Starr 1999 1:18.93