

**Arizona Masters Swimming**  
**50 Meter Long Course State Individual State Records**  
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**18-24**

WOMEN				MEN		
Sanae Nawata	2008	28.07	50 FR	Austen Thompson	2013	23.93
Sarah Anderson	1994	1:00.82	100 FR	Marcus Schlesigner	2013	52.75
Sarah Anderson	1994	2:11.50	200 FR	Michael Melley	1998	2:00.46
Kelsey Dickson	2010	4:44.09	400 FR	Michael Melley	1998	4:19.60
Shauna Nelson	2012	9:51.30	800 FR	Michael Melley	1998	9:02.10
Shauna Nelson	2012	18:45.31	1500 FR	Payne Montgomery	2014	17:24.37
Marcie Herzog	2001	33.45	50 BK	Dave Rollins	2005	26.91
Carolee Osborne	1996	1:12.20	100 BK	Marcus Schlesigner	2013	1:00.79
Shauna Nelson	2012	2:37.31	200 BK	Joe Zemaitis	2000	2:29.97
Breeja Larson	2010	32.78	50 BR	Dave Rollins	2005	28.87
Breeja Larson	2011	1:10.32	100 BR	Austen Thompson	2013	1:03.46
Breeja Larson	2011	2:36.85	200 BR	Benjamin Swanholm	2007	2:44.19
Kelly Busche	2007	31.07	50 FL	Marcus Schlesigner	2013	25.41
Kelly Busche	2007	1:08.44	100 FL	P. Abal	2000	55.57
Diane Ursin	1987	2:28.01	200 FL	Dominic Goshert	2013	2:24.17
Diane Ursin	1987	2:34.52	200 IM	Dave Rollins	2005	2:09.30
Diane Ursin	1987	5:20.39	400 IM	Michael Melley	1998	5:02.55

**25-29**

WOMEN				MEN		
Florencia Szigeti	2008	26.94	50 FR	Kohei Kawamoto	2008	23.39
Caroline Killian	2006	58.65	100 FR	Tyler DeBerry	2012	52.68
Christine Jeffery	1998	2:11.48	200 FR	M. Kiedel	2000	1:53.76
Christine Jeffery	1998	4:36.04	400 FR	J. Utsch	1995	4:02.84
Marcie Herzog	2006	9:42.57	800 FR	Michael Melley	2001	9:17.37
Kelly Harrigan	2011	19:05.25	1500 FR	Allan Jaegers	1990	18:38.73
Kelly Harrigan	2013	31.79	50 BK	Alan Carter	2011	28.95
Kelly Harrigan	2011	1:06.44	100 BK	Alan Carter	2011	1:01.38
Kelly Harrigan	2013	2:26.75	200 BK	Kurk Dickson	1996	2:17.49
Louise Martin	1998	34.35	50 BR	Christopher Burkle	2013	28.29
Louise Martin	1998	1:17.38	100 BR	Christopher Burkle	2013	1:02.18
Louise Martin	1998	2:48.56	200 BR	Christopher Burkle	2013	2:11.78
Lindsey Urbatchka	2011	28.67	50 FL	Kohei Kawamoto	2008	23.71
Emily Milak	2011	1:03.63	100 FL	Kohei Kawamoto	2008	53.09
Ellen Baird	1998	2:46.58	200 FL	Allan Jaegers	1989	2:20.66
Emily Milak	2011	2:30.48	200 IM	Allan Jaegers	1989	2:17.19
Emily Milak	2011	5:12.94	400 IM	Allan Jaegers	1989	4:57.91

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WOMEN				MEN		
Noriko Inada	2012	26.72	50 FR	Roland Schoeman	2013	22.13
Hannah Caldas	2012	58.85	100 FR	Roland Schoeman	2014	49.39
Sandie Easton	2002	2:10.27	200 FR	Darian Townsend	2014	1:49.94
Sandie Easton	2002	4:39.52	400 FR	Sean Justice	2010	4:19.58
Sandie Easton	2001	9:42.27	800 FR	Sean Justice	2010	8:54.23
Sandie Easton	2001	19:19.18	1500 FR	George Edelman	1997	18:10.80
Noriko Inada	2012	28.57	50 BK	Darian Townsend	2014	25.98
Noriko Inada	2011	1:01.75	100 BK	Darian Townsend	2014	55.93
Sandie Easton	2002	2:28.77	200 BK	Sam Perry	2001	2:13.19
Hannah Caldas	2012	34.19	50 BR	Jeff Commings	2008	29.44
Hannah Caldas	2012	1:16.35	100 BR	Jeff Commings	2008	1:06.16
Louise Martin	1999	2:48.75	200 BR	Jason Woo	1998	2:43.94
Noriko Inada	2012	27.61	50 FL	Roland Schoeman	2013	23.26
Sandie Easton	2002	1:05.44	100 FL	Tyler DeBerry	2014	58.15
Sandie Easton	2002	2:24.34	200 FL	Dennis Baker	1992	2:15.79
Sandie Easton	2002	2:31.52	200 IM	Darian Townsend	2014	2:02.07
Sandie Easton	2002	5:15.13	400 IM	Toby Weissert	1988	4:50.95

**35-39**

WOMEN				MEN		
Noriko Inada	2013	27.48	50 FR	Thomas Hickcox	1989	24.79
Marcie Herzog	2012	1:02.99	100 FR	Henry Clark	2003	53.84
Leissa Mills	1998	2:17.27	200 FR	Henry Clark	2003	1:58.95
Marcie Herzog	2012	4:48.77	400 FR	Sean Justice	2011	4:12.24
Marcie Herzog	2013	9:57.94	800 FR	Sean Justice	2011	8:41.53
Marcie Herzog	2012	19:05.82	1500 FR	Sean Justice	2011	16:38.48
Noriko Inada	2014	29.45	50 BK	Jeff Commings	2013	28.23
Noriko Inada	2013	1:03.04	100 BK	Jeff Commings	2012	59.65
Beth Isaak	2007	2:38.55	200 BK	R. Karnaugh	2001	2:07.16
Maureen Rankin	2009	36.79	50 BR	Jeff Commings	2009	28.53
Maureen Rankin	2009	1:22.28	100 BR	Jeff Commings	2013	1:03.76
Louise Keogh	2006	2:59.11	200 BR	R. Karnaugh	2001	2:21.87
Noriko Inada	2013	27.80	50 FL	Henry Clark	2003	26.32
Monika Dalkin	1994	1:11.35	100 FL	Henry Clark	2003	57.10
J. Gettling	1983	2:52.89	200 FL	Henry Clark	2002	2:09.77
Maureen Rankin	2008	2:37.27	200 IM	R. Karnaugh	2002	2:08.19
L. Von Gluck	2006	5:32.35	400 IM	R. Karnaugh	2001	4:34.10

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WOMEN				MEN		
Laura Smith	2010	29.26	50 FR	Andrew McPherson	1982	25.31
Marika McCue	2005	1:04.88	100 FR	Henry Clark	2005	54.45
Laura Smith	2008	2:19.29	200 FR	Jeffry Utsch	2008	1:58.66
Laura Smith	2008	4:51.70	400 FR	Jeffry Utsch	2008	4:16.67
Laura Winslow	2001	10:26.92	800 FR	Geoff Glaser	2006	9:03.05
Anna DeLozier	2006	20:14.90	1500 FR	Jeffry Utsch	2008	17:13.14
Marika McCue	2005	33.57	50 BK	Scott Shake	2001	29.59
Marika McCue	2005	1:13.34	100 BK	Scott Shake	2000	1:03.90
Laura Smith	2008	2:31.34	200 BK	Kurt Dickson	2008	2:16.04
Sheila Arredondo	2006	36.27	50 BR	Mike Whitaker	1995	34.01
Sheila Arredondo	2006	1:20.70	100 BR	Aaron Drake	2006	1:13.89
Laurel Hill	2011	3:04.45	200 BR	Greg Dozer	2001	2:45.82
Heather Fazio	2013	31.60	50 FL	Henry Clark	2005	26.59
Diane L. Wygal-Springer	2009	1:09.62	100 FL	Henry Clark	2005	57.62
Janet Gettling	1991	3:01.10	200 FL	Patrick Brundage	2011	2:19.09
Marika McCue	2005	2:41.72	200 IM	Patrick Brundage	2009	2:19.90
Laurel Hill	2012	5:36.16	400 IM	Patrick Brundage	2011	4:58.12

**45-49**

WOMEN				MEN		
M. Keever	2003	28.75	50 FR	Paul Smith	2008	24.93
M. Keever	2003	1:05.81	100 FR	Paul Smith	2008	54.15
Carolyn Duffield	2013	2:20.41	200 FR	Paul Smith	2008	2:00.58
Kathi Bullock	2001	5:05.92	400 FR	Kurt Dickson	2013	4:24.94
Kathi Bullock	2000	10:40.86	800 FR	Kurt Dickson	2013	9:12.91
Kathi Bullock	2001	20:14.16	1500 FR	Kurt Dickson	2013	17:44.87
Monica Bailey	2007	33.99	50 BK	Al Jaegers	2008	29.16
Brigid Bunch	2009	1:15.28	100 BK	Scott Shake	2005	1:04.85
Brigid Bunch	2009	2:39.53	200 BK	Kurt Dickson	2013	2:17.37
Susan Dawson-Cook	2009	38.74	50 BR	Al Jaegers	2008	32.54
Susan Dawson-Cook	2008	1:25.56	100 BR	Al Jaegers	2008	1:14.15
Susan Dawson-Cook	2008	3:10.80	200 BR	Al Jaegers	2008	2:42.54
Stephanie Rollins	2001	32.70	50 FL	Paul Smith	2008	25.96
Jonelle Schmidt	1999	1:20.79	100 FL	Paul Smith	2008	57.60
Kathi Bullock	2000	3:02.86	200 FL	Patrick Brundage	2012	2:21.44
Brigid Bunch	2009	2:45.19	200 IM	Al Jaegers	2008	2:21.75
Brigid Bunch	2009	6:02.87	400 IM	Patrick Brundage	2012	4:58.10

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WOMEN				MEN		
J. Swagerty-Hill	2002	28.77	50 FR	Paul Smith	2009	25.21
Liz Hobbs	2011	1:07.44	100 FR	Paul Smith	2009	55.42
Becki Major	2013	2:31.02	200 FR	Paul Hafner	2013	2:11.38
Anna DeLozier	2013	5:08.11	400 FR	Scott Shake	2009	4:34.65
Anna DeLozier	2013	10:38.58	800 FR	Terry Richardson	2013	10:09.35
Anna DeLozier	2013	20:24.35	1500 FR	Scott Shake	2011	18:18.09
J. Swagerty-Hill	2002	32.87	50 BK	Scott Shake	2008	30.03
J. Swagerty-Hill	2002	1:14.44	100 BK	Scott Shake	2008	1:05.81
Brigid Bunch	2013	2:44.66	200 BK	Scott Shake	2009	2:22.26
Susan Dawson-Cook	2013	38.72	50 BR	Daniel Vargas	2014	34.44
Susan Dawson-Cook	2013	1:26.66	100 BR	Jeff Baird	2013	1:17.30
Susan Dawson-Cook	2013	3:12.92	200 BR	David Evans	2013	2:49.73
Liz Hobbs	2011	32.31	50 FL	Paul Smith	2009	26.56
Stephanie Rollins	2006	1:21.85	100 FL	Paul Hafner	2012	1:05.20
Kathi Lindstrom	2003	3:27.75	200 FL	Paul Hafner	2012	2:28.54
Brigid Bunch	2013	2:50.06	200 IM	Scott Shake	2008	2:26.11
Anna DeLozier	2013	6:07.67	400 IM	Scott Shake	2008	5:11.38

**55-59**

WOMEN				MEN		
Christie Altman	2008	31.95	50 FR	Barry Roth	2009	25.98
Evie Lynch	2008	1:12.53	100 FR	Barry Roth	2009	58.61
Evie Lynch	2008	2:32.12	200 FR	Scott Shake	2013	2:13.48
Kathi Lindstrom	2008	5:22.49	400 FR	Scott Shake	2013	4:41.45
Kathi Lindstrom	2008	10:57.82	800 FR	Barry Roth	2013	9:38.61
Joanne Menard	2005	23:45.90	1500 FR	Scott Shake	2013	18:27.25
Evie Lynch	2008	36.51	50 BK	Scott Shake	2013	31.34
Evie Lynch	2008	1:18.93	100 BK	Scott Shake	2013	1:07.91
Evie Lynch	2008	2:47.98	200 BK	Scott Shake	2013	2:27.99
Mikey Girard	2009	42.74	50 BR	Barry Roth	2009	34.39
Mikey Girard	2008	1:39.59	100 BR	Barry Roth	2009	1:18.59
L. Bogatko	1989	3:34.55	200 BR	Robert Liotta	2006	3:00.96
Evie Lynch	2008	35.08	50 FL	Ted Hammond	2008	29.72
Christie Altman	2004	1:31.18	100 FL	Jeffrey Krongaard	2009	1:05.93
Edie Gruender	1984	3:45.80	200 FL	Robert DiTolla	2009	2:39.71
Jonelle Schmidt	2006	3:11.70	200 IM	Jeffrey Krongaard	2009	2:34.08
Katy James	2010	7:17.61	400 IM	Scott Shake	2013	5:27.66

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**60-64**

WOMEN				MEN		
Christie Altman	2010	32.89	50 FR	Tom Winters	1999	28.52
Christie Altman	2010	1:14.98	100 FR	Mark Modjeska	2013	1:06.83
Jonelle Schmidt	2013	2:46.95	200 FR	Mark Modjeska	2013	2:26.51
Joanne Menard	2008	6:03.37	400 FR	Mark Modjeska	2013	5:14.47
Christie Altman	2010	12:28.75	800 FR	Mark Modjeska	2013	10:54.74
Joanne Menard	2008	24:25.47	1500 FR	Mark Modjeska	2013	20:44.82
Christie Altman	2009	41.93	50 BK	Gordon Taylor	2011	34.36
Nancy MacBeth	1989	1:36.55	100 BK	Gordon Taylor	2011	1:15.44
Nancy MacBeth	1989	3:23.93	200 BK	Gregory Gush	2008	2:54.40
Carol Taylor	1993	47.28	50 BR	Tom Winters	1999	35.61
Lorinda Luck	2012	1:48.28	100 BR	Kim Bernard	2006	1:22.28
Lisa Bogatko	1990	3:53.75	200 BR	Dave Gemmill	2007	3:05.17
Christie Altman	2009	38.04	50 FL	Gordon Taylor	2011	32.18
Christie Altman	2010	1:32.36	100 FL	Robert Liotta	2011	1:22.51
Sally Bolar	1999	3:44.44	200 FL	Hunter Yost	2011	2:51.17
Jonelle Schmidt	2013	3:25.48	200 IM	Hunter Yost	2011	2:48.26
Nancy MacBeth	1989	7:46.34	400 IM	Hunter Yost	2011	6:04.13

**65-69**

WOMEN				MEN		
Christie Altman	2014	33.60	50 FR	Ron Johnson	1998	28.04
Sally Bolar	2005	1:17.55	100 FR	Ron Johnson	1999	1:05.09
Joanne Menard	2013	2:55.88	200 FR	Art Stark	2012	2:32.70
Joanne Menard	2013	6:08.62	400 FR	Art Stark	2014	5:34.21
Joanne Menard	2013	12:40.74	800 FR	Art Stark	2012	11:45.51
Joanne Menard	2013	24:34.21	1500 FR	Art Stark	2014	22:29.61
Christie Altman	2014	45.58	50 BK	Ron Johnson	1998	35.36
Nancy MacBeth	1995	1:42.92	100 BK	Ron Johnson	1996	1:21.60
N. MacBeth	1994	3:38.95	200 BK	Ron Johnson	1999	3:11.80
Carole Taylor	1997	47.79	50 BR	Ron Johnson	1998	36.75
Carole Taylor	1997	1:51.11	100 BR	Ron Johnson	1998	1:25.46
Carole Taylor	1995	4:13.32	200 BR	Ron Johnson	1998	3:10.23
Christie Altman	2014	40.28	50 FL	Ron Johnson	1998	30.81
Sally Bolar	2004	1:35.57	100 FL	Ron Johnson	1998	1:16.85
Sally Bolar	2004	3:47.12	200 FL	Ron Johnson	1999	3:18.51
N. MacBeth	1994	3:36.96	200 IM	Ron Johnson	1998	2:50.18
N. MacBeth	1994	7:50.73	400 IM	Mel Dyck	2007	7:13.26

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**70-74**

WOMEN				MEN		
Gail Roper	2003	36.95	50 FR	Ron Johnson	2001	28.66
Sally Bolar	2009	1:27.98	100 FR	Ron Johnson	2001	1:06.18
Gynt Clifford	2011	3:18.73	200 FR	Gordon Gillin	2000	3:04.83
Sally Bolar	2009	7:17.33	400 FR	John Jorgensen	1996	6:47.91
Edie Gruender	1998	15:26.74	800 FR	Lou Silverstein	1997	13:47.57
Edie Gruender	2002	29:27.39	1500 FR	Bob Miller	2001	25:03.90
Bonnie Pronk	2012	44.86	50 BK	Ron Johnson	2001	37.21
Bonnie Pronk	2012	1:38.61	100 BK	Dale Webster	2000	1:33.41
Bonnie Pronk	2012	3:30.08	200 BK	Bob Miller	2001	3:13.15
Bonnie Pronk	2012	47.78	50 BR	Bernard Kimball	2014	40.09
Bonnie Pronk	2012	1:50.87	100 BR	Ron Johnson	2002	1:32.66
Carol Taylor	1999	4:15.11	200 BR	Ron Johnson	2002	3:25.09
Sally Bolar	2009	43.53	50 FL	Ron Johnson	2001	32.11
Sally Bolar	2009	1:47.67	100 FL	Ron Johnson	2001	1:21.64
N. MacBeth	1999	3:45.55	200 FL	Ron Johnson	2001	3:20.84
Nancy MacBeth	1999	3:40.24	200 IM	Ron Johnson	2001	2:59.90
Nancy MacBeth	1999	7:53.70	400 IM	Gordon Gillin	2001	7:48.36

**75-79**

WOMEN				MEN		
Gail Roper	2005	36.87	50 FR	John Daru	1998	33.14
Gail Roper	2005	1:26.36	100 FR	Dale Webster	2004	1:19.65
Gail Roper	2005	3:13.24	200 FR	Dale Webster	2003	3:18.19
Gail Roper	2005	7:11.47	400 FR	Thomas Taylor	2006	6:24.16
Gail Roper	2005	14:22.39	800 FR	Gordon Gillin	2007	17:00.50
Gail Roper	2005	28:24.77	1500 FR	Lou Silverstein	2001	34:12.89
Nancy Kinney	2004	49.69	50 BK	Dale Webster	2002	41.37
Nancy Kinney	2004	1:48.94	100 BK	Dale Webster	2002	1:36.29
Nancy Kinney	2004	3:51.75	200 BK	Harry Liber	1994	3:36.86
Kristin Jaffee	2013	51.92	50 BR	Max von Isser	1997	45.30
Gail Roper	2005	1:55.37	100 BR	Max von Isser	1997	1:43.16
Kristin Jaffee	2013	4:35.79	200 BR	Ted Haartz	2006	4:02.29
Gail Roper	2004	44.95	50 FL	Max von Isser	1997	41.21
Gail Roper	2004	1:54.14	100 FL	Gordon Gillin	2006	1:56.86
Gail Roper	2004	4:17.87	200 FL	Gordon Gillin	2006	4:37.13
Nancy Kinney	2004	4:03.80	200 IM	Gordon Gillin	2005	3:52.14
Gail Roper	2005	8:17.70	400 IM	Gordon Gillin	2006	8:41.49

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**80-84**

WOMEN				MEN		
Gail Roper	2009	38.64	50 FR	Ted Haartz	2008	42.17
Gail Roper	2009	1:27.55	100 FR	J. Mattingly	1995	1:39.11
Gail Roper	2009	3:32.12	200 FR	Jaring Timmerman	1989	3:51.33
Edie Gruender	2008	8:40.24	400 FR	Lou Silverstein	2006	8:52.48
Gail Roper	2009	15:32.50	800 FR	Lou Silverstein	2006	18:16.37
Edie Gruender	2008	33:06.70	1500 FR	Lou Silverstein	2008	37:10.26
Nancy Kinney	2009	52.91	50 BK	Bob Miller	2010	48.03
Nancy Kinney	2009	1:56.12	100 BK	Bob Miller	2010	1:44.66
Nancy Kinney	2009	4:09.14	200 BK	Bob Miller	2010	3:44.19
Carol Taylor	2009	1:00.22	50 BR	Max von Isser	1999	46.37
Carol Taylor	2009	2:18.22	100 BR	Max von Isser	1999	1:45.99
Carol Taylor	2009	5:13.31	200 BR	Ted Haartz	2008	4:14.01
Gail Roper	2009	47.37	50 FL	Max von Isser	1999	43.54
Edie Gruender	2008	2:38.14	100 FL	Jack Mattingly	1995	2:22.52
Edie Gruender	2008	5:51.81	200 FL	Lou Silverstein	2007	7:15.64
Nancy Kinney	2009	4:24.08	200 IM	Jack Mattingly	1994	4:38.15
Edie Gruender	2008	10:33.43	400 IM	Gordon Gillin	2010	10:52.75

**85-89**

WOMEN				MEN		
Ruth Manfredi	2008	1:08.96	50 FR	Lee Starr	1994	55.73
Iris Dozer	2012	3:33.89	100 FR	J. Greenwood	1995	3:25.69
			200 FR			
			400 FR			
			800 FR			
			1500 FR			
Ruth Manfredi	2008	1:21.88	50 BK	Harry Liber	2004	1:03.28
Maude Meyers	2013	3:12.07	100 BK	Lee Starr	1995	2:23.91
			200 BK	Lee Starr	1995	5:21.47
Ruth Manfredi	2008	1:50.87	50 BR	Max von Isser	2007	54.20
Iris Dozer	2012	5:47.46	100 BR	Ted Haartz	2013	2:15.15
			200 BR	Ted Haartz	2013	5:07.64
Ruth Manfredi	2008	1:55.20	50 FL	Max von Isser	2006	50.64
			100 FL			
			200 FL			
			200 IM			
			400 IM			

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WOMEN	90-94	MEN
	50 FR	
	100 FR	
	200 FR	
	400 FR	
	800 FR	
	1500 FR	
	50 BK	Lee Starr      1999      1:18.93
	100 BK	
	200 BK	
	50 BR	
	100 BR	
	200 BR	
	50 FL	
	100 FL	
	200 FL	
	200 IM	
	400 IM	

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