

A BI-MONTHLY PUBLICATION OF YOUR ARIZONA LOCAL MASTERS SWIM COMMITTEE

NEW LOOK IN PROGRESS

A NEW EDITOR. A NEW LAYOUT. IT WILL BE A WORK IN PROGRESS AND YOUR FEEDBACK WILL BE APPRECIATED.

PLEASE JOIN ME IN THANKING DOUG ADAMAVICH FOR THE GREAT JOB HE DID AS EDITOR OF THIS NEWSLETTER FOR SO MANY YEARS. I ALWAYS LOOKED FORWARD TO RECEIVING IT. AND NOW THAT I'VE VOLUNTEERED TO TAKE THE REINS, I CAN ESPECIALLY APPRECIATE ALL HIS EFFORTS. THANKS, DOUG!

IF YOU ARE READING THIS ISSUE OF **SWIM ARIZONA** ON LINE, WE HOPE YOU WILL ENJOY THE ADDED SPLASH OF COLOR. IF YOU ARE RECEIVING IT IN PRINT, IT WILL APPEAR IN BLACK AND WHITE.

THIS IS YOUR NEWSLETTER. **SWIM ARIZONA** IS SEEKING YOUR SUGGESTIONS AS WELL AS YOUR CONTRIBUTIONS FOR FUTURE ISSUES. SO, PLEASE, IF YOU HAVE AN IDEA FOR



WHETHER YOU SWIM LIKE A FISH, OR JUST FLOUNDER AROUND, IF YOU'RE A MASTERS SWIMMER, YOUR PHOTO COULD BE HERE. FOR INFORMATION ON SUBMITTING PHOTOS AND ARTICLES FOR FUTURE ISSUES, SEE DETAILS AT THE BOTTOM OF THIS PAGE.

A REGULAR COLUMN, OR YOU WISH TO SUBMIT AN ARTICLE, MEET RESULTS OR PHOTOGRAPHS, PLEASE E-MAIL THEM TO ME. YOU WILL FIND INSTRUCTIONS BELOW.

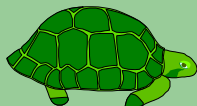
THANK YOU. —JUNE HUSSEY, EDITOR

STANFORD TO HOST XI FINA WORLD MASTERS

THE DATES OF THE XI FINA WORLD CHAMPIONSHIPS HAVE BEEN ESTABLISHED. SWIMMING COMPETITION WILL BE BETWEEN 4 AUGUST 2006 THROUGH 11 AUGUST

2006. THE OFFICIAL WEB SITE WWW.2006FINAMASTER.ORG IS NOW UP. CHECK IT TO FIND Q-TIMES, HOTEL AVAILABILITY AND ON-LINE BOOKING. OR CALL 1-800-826-4630.

SWIM ARIZONA IS PUBLISHED SIX TIMES A YEAR (JANUARY, MARCH, MAY, JULY, SEPTEMBER, NOVEMBER) BY THE ARIZONA LOCAL MASTERS SWIM COMMITTEE (AZ LMSC). IF YOU ARE NOT A MEMBER OF AZ LMSC AND WISH TO RECEIVE A PRINTED COPY OF **SWIM ARIZONA**, PLEASE SEND A CHECK FOR \$8.00 TO TREASURER, AZ LMSC. **SWIM ARIZONA** IS ALSO AVAILABLE AS AN ADOBE ACROBAT™ DOCUMENT. SEND WRITTEN SUBMISSIONS TO JUNE HUSSEY VIA E-MAIL JUNEHUSSEY@MSN.COM. PLEASE SUBMIT YOUR ARTICLE IN ONE OF THE FOLLOWING ELECTRONIC FORMATS: TEXT (*.TXT), MICROSOFT WORD™ (*.DOC), OR MICROSOFT EXCEL™ (*.XLS). PHOTOS AS .JPG FILES. ARTICLES ARE DUE ON THE 15TH OF THE MONTH BEFORE THE PUBLICATION DATE. **SWIM ARIZONA** RESERVES THE RIGHT TO EDIT OR NOT PUBLISH SUBMISSIONS FOR PUBLICATION. WE WELCOME YOUR WIDESPREAD USE AND SHARING OF OUR MATERIALS, AND ASK THAT YOU GIVE CREDIT TO AZ LMSC. PRINTED IN THE UNITED STATES OF AMERICA.



ARIZONA MASTERS WORLD RECORD HOLDERS



PHOTO CREDIT:
MIKE ARON AND
STACEY IZARD



THE WATER IS YOUR FRIEND... YOU DON'T HAVE TO FIGHT WITH WATER, JUST SHARE THE SAME SPIRIT AS THE WATER, AND IT WILL HELP YOU MOVE.

ALEXANDR POPOV

AZ MASTERS WORLD RECORD BREAKING 200M MEDLEY RELAY TEAM OF (FR LEFT TO RIGHT): CAROL TAYLOR (BR), NANCY KINNEY (BA), GAIL ROPER (FL), SALLY BOLAR (FR).

THEIR TIME OF 3:01.44 BROKE THE PREVIOUS SHORT COURSE METERS RECORD IN THE 280-320 AGE GROUP BY OVER SIX SECONDS! THE SAME FOURSOME BROKE THE NATIONAL RECORDS IN THE 200M FREESTYLE AND THE 400M MEDLEY RELAYS. AZ MASTERS WENT ON TO WIN THE OVERALL TEAM TITLE AT THE 12TH ANNUAL HOLIDAY INVITATIONAL IN LONG BEACH CALIFORNIA OVER THE WEEKEND OF DECEMBER 10-12, 2004. (SOURCE: www.arizonamasters.org.)

OUT IN THE OPEN... WATER, THAT IS

ON THE POOL DECK RECENTLY, I OVERHEARD A "SWIMTEAM MOM" TALKING ABOUT HER SUMMER PLANS. MY EARS PERKED UP WHEN SHE SAID SHE WAS LOOKING FORWARD TO SWIMMING IN TWO OPEN WATER EVENTS, ALCATRAZ AND CHESAPEAKE BAY, BOTH IN JUNE.

THIS WAS SOMEONE I HAD TO MEET! SHE PROMISED ME AN E-MAIL DETAILING HER EXPERIENCES. ANY TIME I RECEIVE SUCH PERSONAL ACCOUNTS, I WILL GLADLY PUBLISH THEM.

LANE LINES JUST CAN'T CONFINE SOME PEOPLE. FORTUNATELY, THERE ARE MANY OPPORTUNITIES FOR ARIZONA MASTERS WHO PREFER OPEN WATER AS LONG AS THEY DON'T MIND DRIVING OR FLYING TO GET TO IT.

THE TENTH ANNUAL LAS PALOMAS ROCKY POINT TRIATHLON, APRIL 30, 2005 FEATURED A ONE-MILE OPEN WATER EVENT FOR THE SECOND YEAR IN A ROW, THE CONDITIONS WERE HEAVENLY. BE SURE TO MARK THIS ONE ON YOUR RACING CALENDARS NEXT YEAR. MORE INFORMATION IS AT: WWW.TUCSONRACING.COM.

OPEN WATER, CONTINUED FROM PAGE 2

CLOSER TO HOME, THE ARIZONA OPEN WATER SERIES AT TEMPE TOWN LAKE CONTINUES THIS SUMMER AND INTO THE FALL WITH THREE MORE EVENTS: JULY 16, AUGUST 20 AND OCTOBER 1. PROMOTED BY DCB ADVENTURES, IN CONJUNCTION WITH THE FAT TIRE TRIATHLON SERIES, THESE RACES INCLUDE A VARIETY OF DISTANCES AS WELL AS RELAYS. FOR MORE INFORMATION, VISIT WWW.DCBADVENTURES.COM.

OTHER NOTABLE UPCOMING RACES FOR OPEN WATER ENTHUSIASTS INCLUDE WAIKIKI

ROUGHWATER ON SEPTEMBER 4 (THERE'S A DIRECT FLIGHT FROM PHOENIX) AND THE GRAND-DADDY OF THEM ALL, LA JOLLA ROUGH WATER (ONE-MILE AND GATORMAN 3-MILE DISTANCES) ON SEPTEMBER 11.

FOR A COMPLETE SCHEDULE OF THESE AND OTHER OPEN WATER EVENTS IN THE AREA AND AROUND THE WORLD, SURF THE NET, OR CALL ME. I'M ALWAYS GLAD TO HEAR FROM OPEN WATER SWIMMERS.

SEE YA AT SEA!



LIFEGUARD'S DREAM JOB.

CAN YOU GUESS WHERE THIS PICTURE WAS TAKEN?

SEND YOUR BEST GUESS TO JUNEHUSSEY@MSN.COM.

THERE'S NO PRIZE. JUST WANT TO SEE IF ANYBODY'S BEEN THERE...OR PERHAPS "WORKED" THERE.

*PHOTO CREDIT:
MIKE ARON AND
STACEY IZARD*

2005 ARIZONA LONG COURSE STATE CHAMPS 9-30

IF YOU'RE SWIMMING LONG COURSE THIS SUMMER, YOU WON'T WANT TO MISS THE BIG MEET IN TUCSON ON SEPTEMBER 30, HOSTED BY FORD AQUATICS MASTERS AT HILLENBRAND AQUATIC CENTER ON THE UNIVERSITY OF ARIZONA CAMPUS.

SIX SHORT MONTHS AWAY, ON DECEMBER 11-12, ARE THE SUN DEVIL MASTERS' SOUTHWEST ZONE SHORT COURSE CHAMPIONSHIPS.

ENTRY FORMS FOR BOTH MEETS ARE ENCLOSED WITH THIS NEWSLETTER, AND ARE ALSO AVAILABLE AT www.arizonamasters.org.



ARIZONA LMSC BOARD MEMBERS

CHAIRMAN
KATY JAMES
katyjameswims@hotmail.com
480-897-6411

VICE CHAIRMAN DOUG
ADAMAVICH
dpa_az@cox.net 480-510-1224

SECRETARY
KATHI LINDSTROM
klpnswwim@cox.net
602-923-1312

REGISTRAR MARILYN
FOGELSONG
Mfogelsong@Aol.com

TREASURER
AUDRA TROCCKO atroccko@compucom.com
480-892-0502

ARIZONA MOUNTAIN
MASTERS
ERIN EASTWOOD
e_swims@hotmail.com

FORD AQUATICS
JIM STITES
swim1@qwest.net
520-529-9113

BROPHY EAST SWIM
CLUB
SAM PERRY
azperrys@hotmail.com
480-941-0232

SEDONA SWORDFISH
PAUL CATE
paulcate@earthlink.net

SUN DEVIL MASTERS
SIMON PERCY
sundevilmasters@cox.net

AT LARGE
DAN GRUENDER
ediebg@aol.com
480-946-5805

EDIE GRUENDER
ediebg@aol.com
480-946-5805

GORDON GILLIN
Swimgordon@aol.com
520-825-8261

ARIZONA LMSC

COMMITTEE CHAIRPERSONS

TOP TEN BARRY ROTH
wbroth@earthlink.net 520-296-4908

STATE RECORDS MONICA BAILEY

PHOENIX EQUIPMENT KATY JAMES
katyjameswims@hotmail.com
480-897-6411

PHOENIX SAFETY PEGGY FINCH
480-496-9157

LONG DISTANCE/NEWSLETTER
JUNE HUSSEY junehussey@msn.com
520-577-0032

WEBMASTER MIKE CAREY
mike@carbboom.com

PARLIAMENTARIAN GORDON GILLIN
Swimgordon@aol.com 520-825-8261

OFFICIALS REPRESENTATIVE JUDY GILLIES
jgillies@mindspring.com 520-622-4129

USMS COACHES REPRESENTATIVE
JIM STITES swim1@qwest.net
520-529-9113

HISTORIAN EDIE GRUENDER ediebg@aol.com
480-946-5805

SANCTIONS LAURA WINSLOW
WINSLOW@DIALCORP.COM

SENIOR OLYMPICS DAN GRUENDER
ediebg@aol.com 480-946-5805

HOSPITALITY

IMMEDIATE PAST CHAIRMAN SAM PERRY
azperrys@hotmail.com 480-941-0232

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MARILYN FOGELSONG
AZ LMSC REGISTRAR
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